

## COOKING

1. Know why you should wash your hands before preparing food.
2. Know the correct way to dispose of rubbish both at home and in the bushveld.
3. Braai meat and potatoes properly over an open fire.
4. Prepare and cook the main meal and a hot drink for the family. Wash up and put away the dishes and utensils.
5. Do any TWO of the following:
  - a) Prepare and cook scones, a tart, or a cake.
  - b) Make some sweets, eg. fudge, toffee, etc.
  - c) Make mealiemeal or oats or mabela porridge, or putu.
  - d) Make a stew of meat and vegetables.

